

## Known: Fearfully and Wonderfully Made

To know and be known, these are two of our deepest needs as relational beings.

You can be “connected” on social media and still be alone.

We were made in the image of the triune God, for community, fellowship, and kingdom centered relationships.

When was the last time you were called *wonderful*?

When was the last time you felt deeply - personally known by another?

When was the last time you thought about what it means to be a saint, a member of God’s holy priesthood, a friend and family member of Jesus?

Our main passage is Psalm 139. King David wrote this psalm. He was a simple shepherd boy turned mighty man of God. He lived both a complicated and blessed life filled with stories of heroic triumph and agonizing pain and suffering. King David was far from perfect, but he is known as a *man after God’s own heart* (1 Samuel 13:14), and Psalm 139 is an amazing look into David’s intimate relationship with and understanding of God.

Psalm 139:1-6

David marvels at the omnipotence and omnipresence of God in His life. God has full awareness and understanding of David’s life. And David understands he is fully known.

Isaiah 55:8-9

Think about the smartest person you know. think for a moment about how you interact with them when they’re sharing knowledge with you.

You trust them. You share with others what they’ve said to you. You give them the benefit of the doubt because of their expertise and understanding. You don’t waste any time at all second guessing them.

Psalm 139:13-16

We begin to understand how God’s level of comprehension and involvement extend all the way to the very moments of creation. And in these moments, you can imagine, as David did, that the very first words, thoughts and intentions over your life were in fact; Wonderful, Marvelous, Beautiful.

When David wrote Psalm 139 he understood God enough to recognize how God sees His creation, and David further understood that this applied to him personally.

Many of us who don’t feel wonderful, marvelous, or beautiful. We feel unknown and unloved. We feel increasingly lonely in an increasingly crowded world. It all just feels like something is off.

Telephone Game

Can you imagine how a clear message like, “You are fully known, loved, and forgiven,” can so easily become distorted as it makes its way through all the chaos and distortions of life?

Every day is another opportunity to hear mixed messaging, destructive messaging, and confusing messaging about who you are. Not to mention, there is a very real enemy, the devil, who wants nothing more than to steal, kill, and destroy every good thing God has placed in your life.

Therefore it’s so incredibly important to connect with and get yourself rooted in the truth of God and His Word every single day.

Think of this as *restoring the connection*. This is time you go back to the source of the messaging and hear clearly what is being spoken.

All of us need to make sure we are getting undistracted and unhindered time with our Father in heaven so that we can hear and receive the truth as it was originally intended.

Psalms 139 gives us a clear picture of at least two things we need to always hold close to us.

God's comprehension and understanding of all things has no limits. He knows and sees all aspects of your life, for better or worse. <sup>[1]</sup><sub>[SEP]</sub>

The all-knowing and all-seeing God of the universe says you are wonderful.

It's important to establish a strong connection to the source every single day to ensure we are getting the truth. We do this through <sup>[1]</sup><sub>[SEP]</sub> Bible study, devotionals, small groups, prayer, fellowship, silence and solitude, sabbath rest.

So, this begs a few questions:

-Where can you carve out time this coming week to get reconnected with the Father?

-What can you say no to so you can say yes to Jesus?

-What habits or practices can you eliminate that are only bringing more distortion and chaos into your life?

What's it worth to you this week to get to the place where you can receive the truth that you are,

*Fully Known*

*Fully Loved*

*Wonderful*

*Marvelous*

*Beautiful*